

# March 2026

## Nipissing Manor Activity Calendar

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
<b>1</b> Morning Coffee - AR 10:00 Hangman - AR 10:15 Manicures & Paraffin Hand Wax - AR 2:15 Afternoon Tea - AR 3:00 Hymn Sing - AR&QR 6:45	<b>2</b> Morning Coffee - MDR 10:00 BINGO - MDR 10:15 Card Games - AR 2:15 Afternoon Tea - AR 3:00 Ball Toss - AR&QR 6:45	<b>3</b> Morning Coffee - MDR 10:00 Catholic Mass - MDR 10:15 Mini Putt Course - MDR 2:15 Afternoon Tea - MDR 3:00 Move to the BEAT - AR&QR 6:45	<b>4</b> Morning Coffee - AR 10:00 Arts & Crafts: 4 Leaf Clover - AR 10:15 Slot Machines - AR 2:15 Afternoon Tea - AR 3:00 Hands in the air, dance party - AR&QR 6:45	<b>5</b> Morning Coffee - AR 10:00 Word Scrambles - AR 10:15 Leprechaun Volleyball - MDR 2:15 Afternoon Tea - MDR 3:00 Zumba - AR&QR 6:45	<b>6</b> Morning Coffee - AR 10:00 Pool Noodle Exercise Class - AR&QR 10:15 Friday Afternoon Social and Price is Right - AR 2:15	<b>7</b> Morning Coffee - MDR 10:00 BINGO - MDR 10:15 Penny Cards - MDR 2:15 Afternoon Tea - MDR 3:00 Movie "Rocky" and Chips - QR 6:45
<b>8</b> Morning Coffee - AR 10:00 Televised Catholic Mass - AR&QR 10:15 Salvation Army Service - MDR 2:15 Afternoon Tea - MDR 3:00 Cha Cha - AR & QR 6:45	<b>9</b> Morning Coffee - MDR 10:00 BINGO - MDR 10:15 Rhyme Thyme - AR&QR 2:15 Afternoon Tea - AR&QR 3:00 Chair Yoga - AR&QR 6:45	<b>10</b> Morning Coffee - MDR 10:00 Catholic Mass - MDR 10:15 March Birthday Party and Music with Norm - MDR 2:15 Gospel Hall - MDR 6:45	<b>11</b> Morning Coffee - AR 10:00 Arts & Crafts: Pot O' Gold - AR 10:15 "Find someone who" game - AR 2:15 Afternoon Tea - AR 3:00 Latin Beat - AR&QR 6:45	<b>12</b> Morning Coffee - AR 10:00 Picnic Word Game - AR 10:15 Baking: Confetti Squares - 2EL 2:15 Afternoon Tea - AR&2EL 3:00 Zumba - AR&QR 6:45	<b>13</b> Morning Coffee - AR 10:00 Boxercise Class - AR&QR 10:15 Friday Afternoon Social and Music with JP - MDR 2:15	<b>14</b> Morning Coffee - MDR 10:00 BINGO - MDR 10:15 Let's talk about numbers! - AR 2:15 Afternoon Tea - AR 3:00 Maracas and Movement - AR 6:45
<b>15</b> Morning Coffee - AR 10:00 Spelling Bee - AR 10:15 Manicures & Paraffin Hand Wax - AR 2:15 Afternoon Tea - AR 3:00 Coloring Corner - 2EL 6:45	<b>16</b> Morning Coffee - MDR 10:00 BINGO - MDR 10:15 Leprechaun Bowling - MDR 2:15 Afternoon Tea - MDR 3:00 Trivia Night - AR&QR 6:45	<b>17</b> <i>Saint Patrick's Day!</i> Morning Coffee - MDR 10:00 Catholic Mass - MDR 10:15 Residents Council Meeting - AR 1:30 Irish Sing a Long with Heather - MDR 2:15 Afternoon Tea - AR - MDR 3:00 Leprechaun Walks - AR 6:45	<b>18</b> Morning Coffee - AR 10:00 Arts & Crafts: Rock Painting - AR 10:15 Pictionary - AR 2:15 Afternoon Tea - AR 3:00 Hymn Sing - AR&QR 6:45	<b>19</b> Morning Coffee - AR 10:00 Talking Dice Game - AR 10:15 South Shore Missionary Service - MDR 2:15 Afternoon Tea - MDR 3:00 Boxing Night - AR 6:45	<b>20</b> <i>First Day of Spring</i> Morning Coffee - AR 10:00 Cardio Party Exercise Class - AR & QR 10:15 Friday Afternoon Social and Senior Slogans game - AR 2:15	<b>21</b> Morning Coffee - MDR 10:00 Zumba with Shelley - MDR 10:15 BINGO - MDR 2:15 Afternoon Tea - MDR 3:00 Short Stories - QR 6:45
<b>22</b> Morning Coffee - AR 10:00 Televised Catholic Mass - AR&QR 10:15 Wordle Word Game - AR 2:15 Afternoon Tea - AR 3:00 Chicken Dance - AR&QR 6:45	<b>23</b> Morning Coffee - MDR 10:00 BINGO - MDR 10:15 Baseball Spring Training with Refreshments - MDR 2:15 Country Oldies - AR&QR 6:45	<b>24</b> Morning Coffee - MDR 10:00 Catholic Mass - MDR 10:15 Hangman - AR 2:15 Afternoon Tea - AR 3:00 Story Time - AR&QR 6:45	<b>25</b> Morning Coffee - AR 10:00 Arts & Crafts: Shamrock Chalk Art - AR 10:15 Friendly Feud - AR 2:15 Afternoon Tea - AR 3:00 HEY Macarena - AR&QR 6:45	<b>26</b> Morning Coffee - AR 10:00 Spring Hangman - AR 10:15 Baking: Cherry Crisp - 2EL 2:15 Afternoon Tea - AR&2EL 3:00 Scrabble Night - QR 6:45	<b>27</b> Morning Coffee - AR 10:00 Wake Up, and Shake Up Exercise Class - AR&QR 10:15 North Bay Rock Choir with Hits from the 70's! - MDR 2:15	<b>28</b> Morning Coffee - MDR 10:00 BINGO - MDR 10:15 Would You Rather - AR 2:15 Afternoon Tea - AR 3:00 Walking Club - AR 6:45
<b>29</b> Morning Coffee - AR 10:00 Alphabet Word Chains - AR 10:15 Manicures & Paraffin Hand Wax - AR 2:15 Afternoon Tea - AR 3:00 Spring Cleaning 6:45	<b>30</b> Morning Coffee - MDR 10:00 Pay to Win BINGO - MDR 10:15 Think Fast game! - AR 2:15 Afternoon Tea - AR 3:00 Checkers - AR 6:45	<b>31</b> Morning Coffee - MDR 10:00 Catholic Mass - MDR 10:15 Post It Note race - AR 2:15 Afternoon Tea - AR 3:00 Movie night and snacks - AR 6:45	 <p><b>SPRING FORWARD!</b> Daylight Saving Time <b>MARCH 8th</b></p>	Stretch & Flex will be conducted daily in the AR & QR at 9:30am and 1:00pm	The Month of: <b>ROCKY BALBOA</b> 	<u>Room Abbreviation</u> AR=Activity Room MDR=Main Dining Room QR=Quiet Room 2E=2nd East Lounge